

ONE

TWO

THREE

AVAILABLE EVERY DAY...

4 Sept, 25 Sept, 16 Oct
13 Nov, 4 Dec

11 Sept, 2 Oct, 23 Oct
20 Nov, 11 Dec

18 Sept, 9 Oct, 6 Nov
27 Nov, 18 Dec

Sausages with Mashed Potato & Gravy
Vegetable Cottage Pie with Mashed Potato Topping
Jacket Potato with Beans
Cauliflower & Peas
Plum & Vanilla Oaty Crumble with Custard
Yoghurt / Fresh Fruit Platter

Chicken Tikka & Rice
Sweet & Sour Vegetables with Rice
Tomato Soup & Filled Baguette
Carrots & Green Beans
Banana Cake & Custard
Yoghurt / Fresh Fruit Salad

Roast Gammon with Roast Potatoes & Gravy
Vegetable Fasty with Roast Potatoes & Gravy
Jacket Potato with Salmon Mayo
Savoy Cabbage & Swede
Chocolate Sponge with Chocolate Icing
Yoghurt / Fresh Fruit Platter

Organic Beef Mince Cottage Pie
Quorn Sausage with Mashed Potato & Gravy
Vegetable Soup & Filled Baguette
Sweetcorn & Carrots
Apple Pie & Custard
Yoghurt / Fresh Fruit Salad

MSC Salmon Fishcake with Chips
Roasted Vegetable Fajita Wrap
Jacket Potato with Cheese
Baked Beans & Garden Peas
Flapjack
Yoghurt / Fresh Fruit Chunks

Beef Burger in a Bun with Jacket Wedges
Bean & Vegetable Hoipot with Jacket Wedges
Jacket Potato with Beans
Coleslaw & Sweetcorn
Pineapple Upside Down Cake with Custard
Yoghurt / Fresh Fruit Platter

Chicken Neapolitan Pasta
Macaroni Cheese with Garlic Slice
Tomato Soup & Filled Baguette
Broccoli & Carrots
Lemon Mixed Berry Cake & Custard
Yoghurt / Fresh Fruit Chunks

Roast Turkey with Roast Potatoes & Gravy
Mixed Vegetable Loaf with Roast Potatoes & Gravy
Jacket Potato with Salmon Mayo
Carrots & Green Beans
Vanilla Shortbread
Yoghurt / Fresh Fruit Salad

Organic Beef Mince Tortilla Stack
Vegetable Pasta Bolognese
Vegetable Soup & Filled Baguette
Roasted Mixed Vegetables
Eyes Pudding with Custard
Yoghurt / Fresh Fruit Platter

MSC Fish Fingers with Chips
Cheese & Tomato Quiche with Chips
Jacket Potato with Cheese
Baked Beans & Garden Peas
Chocolate Brownie
Yoghurt / Fresh Fruit Chunks

BBQ Chicken Pizza with Jacket Wedges
Vegetable Tortilla Stack
Jacket Potato with Beans
Sweetcorn & Mixed Peppers
Pear Sponge with Custard
Yoghurt / Fresh Fruit Platter

Organic Beef Mince Chilli with Rice
Lentil & Sweet Potato Curry with Rice
Tomato Soup & Filled Baguette
Green Beans & Glazed Carrots
Apple Crumble & Custard
Yoghurt / Fresh Fruit Salad

Roast Chicken with Stuffing with Roast Potatoes & Gravy
Vegetable Wellington with Roast Potatoes & Gravy
Jacket Potato with Salmon Mayo
Savoy Cabbage & Sweetcorn
Chocolate Crunch
Yoghurt / Fresh Fruit Chunks

Organic Beef Mince Pasta Bolognese
Cheese Tomato Pizza with Wedges
Vegetable Soup & Filled Baguette
Broccoli & Mixed Salad
Jam Sponge with Custard
Yoghurt / Fresh Fruit Salad

MSC or Battered Fish with Chips
Spanish Omelette with Chips
Jacket Potato with Cheese
Garden Peas & Baked Beans
Lemon Drizzle Cake
Yoghurt / Fresh Fruit Platter

Jacket Potatoes
freshly cooked daily, with a choice of fillings where advertised.
Bread
freshly baked on site daily
Daily salad selection
there will be a selection of salad items available daily
Fresh Fruit & Yoghurt
available daily

WE USE LOCALLY SOURCED INGREDIENTS WHEN AVAILABLE AND IN SEASON

All our menus are nutritionally analysed to ensure they meet and in most cases exceed The School Food Standards
We hope your child enjoys our new menus.

Menus could be subject to local change, please check your child's school for any bespoke changes.

V Vegetarian option
 Oily fish
 Marine Stewardship Council details
Web: www.msc.org
Chain of Custody Registration Code MSC-C-94995

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY